

It's all about trust.

Serving Seniors Alliance Co-operative is a collective group of exceptional trusted local businesses and service providers who have been researched, referenced and accepted as committed to providing their services at the highest level of quality and trust.

902-499-4122 | www.servingseniors.info



All Serving Seniors Alliance Co-operative Business Members are committed to providing a trusted and superior, professional level of service to seniors and their families.

ADVOCACY FOR SENIORS

CARP Nova Scotia Chapter
Bill VanGorder | 902-999-3572
vangorder@carp.ca
www.carpnovascotia.ca



AFTER STROKE

After Stroke
Stephanie Frizzell | 902-448-5861
afterstroke@marchofdimes.ca
afterstroke.ca



ARTHRITIS SUPPORT

Arthritis Society Canada
Shannon Shields | 902.293.8751
arthritis.ca



BRACES - ORTHOPEDIC

BRACE Yourself
Sandy Houston | 902-802-9263
braceyourself.sandy@gmail.com
braceyourselfns.com



CLEANING SERVICE

Abode
Islay McNab & Sam Murray
hello@abodecleaningservice.com
www.abodecleaningservice.com



DENTURES

Click Smart Dentures

Dr. Kirk Blanchard | 902-476-7909
www.clicksmartdentures.ca



EMERGENCY RESPONSE SYSTEM

Northwood Intouch

Karen Morash | 902-421-6319
kmorash@nwood.ns.ca
www.northwoodintouch.com



END OF LIFE SUPPORT

Dying with Dignity Canada

Linda Furlough
linda.furlough@gmail.com
www.dyingwithdignity.ca



FINANCIAL PLANNING

Desjardins Financial Security

Stephen Cox, Certified Financial Planner
steve.cox@stevecox.ca | 902-446-4563
www.stevecox.ca



FITNESS FOR SENIORS

True North Nordic Walking

Esther & Bill VanGorder | 902-454-2267
info@nordicwalkingnovascotia.ca
www.truenorthnordicwalking.com



FOOT CARE

Toe to Sole Foot Care (REGULAR, ADVANCED & DIABETIC)

Marcienne Mason, RN | 902-434-6070
marciennemason@gmail.com



Dartmouth Podiatry

Dr. Jason Ju | 902-405-4002
dartmouthpodiatry@outlook.com
www.dartmouthpodiatry.com



FRAUD PREVENTION

ABCs of Fraud (CARP)

Bill Van Gorder | 902-999-3572



FUNERAL SERVICES

Epilog Natural Burial Services CIC

Louisa Horne | 902-492-2223
louisa@epilog.ca
www.epilog.ca



HEARING | Health, Protection & Aids

Accurate Hearing

PJ Dunning | 902-252-3004 / 902-406-4327
Accurate-hearing@eastlink.ca
www.accuratehearing.ca



HOME CARE

Home Instead

Brittany Keough | 902-429-2273
bkeough@homeinstead.com
www.homeinstead.com/halifax



LAWYER

Yeadon Law

Gregg Yeadon | 902-464-8873
yeadonlaw@gmail.com
www.greggyeadonlawyer.ca

MEAL PLANNING

Heart to Home Meals

Wayne & Lisa Miller | 902-444-2230
nova.scotia@hearttohomemeals.ca
www.hearttohomemeals.ca



MORTGAGE BROKER

CENTUM Mortgage Team Inc.

Bill Cossitt, AMP | 902-292-4913
bill_cossitt@centum.ca
www.billcossitt.com



MOVING/DOWNSIZING

Epilog Transition Services CIC

Louisa Horne | 902-492-2223
louisa@epilog.ca
www.epilog.ca



PET CARE

Elderdog Canada

Elizabeth Newman | 902-456-4596
dartmoutheastcc@elderdog.ca
www.elderdog.ca



PHYSIOTHERAPY/OCCUPATIONAL THERAPY

PhysioCare at Home

Lesley d'Apollonia | 902-404-4200
office@physiocareathome.com
www.physiocareathome.com



PRIVATE HOME FOR SENIORS

Carter Senior Care

Robin Carter | 902-209-1314 | 902-446-CARE
cartercare@eastlink.ca
www.carterseniorcare.com



REALTOR

Century 21 Trident Realty Ltd.

Paul Connors | 902-449-8252
paul.connors@century21.ca
www.century21.ca/paul.connors



RETIREMENT LIVING (Dartmouth)

Parkland at the Lakes Phase 2

Mary Ann Bunker | 902-483-1860
mbunker@shannex.com
www.experienceparkland.com



RETIREMENT LIVING (Halifax)

Parkland Clayton Park

Shari Landry | 902-446-8505
slandry@shannex.com
experienceparkland.com



SENIOR CARE CONSULTING

Greywave Senior Care Consulting

Marie-Claire Chartrand | 902-448-8439
mcc@greywave.ca
www.greywave.ca



SENIORS CENTRE

Spencer House

Allison Davis | 902-421-6131
ed@spencerhouse.ca
spencerhouse.ca



TRANSPORTATION

SeniorsTransit

Brendan Ewing | 902-441-9472
info@seniorstransit.com
www.seniorstransit.com



TRAVEL AGENT

The Travel Agent Next Door

Cathy Harnish | 902 237 8198
charnish@thetravelagentnextdoor.com
www.thetravelagentnextdoor.ca



For your convenience, most Members provide in-home services.
902-499-4122 | October 2024



Seaside 105.9FM is a proud sponsor of Serving Seniors Alliance Co-operative.