



*It's all about trust.*

Serving Seniors Alliance Co-operative is a collective group of exceptional trusted local businesses and service providers who have been researched, referenced and accepted as committed to providing their services at the highest level of quality and trust.

**902-499-4122** | **www.servingseniors.info**



**All Serving Seniors Alliance Co-operative Business Members are committed to providing a trusted and superior, professional level of service to seniors and their families.**

---

## ADVOCACY FOR SENIORS

### **CARP Nova Scotia Chapter**

Bill VanGorder | 902-999-3572

vangorder@carp.ca

www.carpnovascotia.ca



---

## BRACES - ORTHOPEDIC

### **BRACE Yourself**

Sandy Houston | 902-802-9263

braceyourself.sandy@gmail.com

braceyourselfns.com



---

## EMERGENCY RESPONSE SYSTEM

### **Northwood Intouch**

Gregg Goulding | 902-492-3346

ggoulding@nwood.ns.ca

www.northwoodintouch.com



---

## DECLUTTERING

### **ORGANIZE ANYTHING**

Colette Robicheau | 902-478-2208

colette@organizeanything.com

www.organizeanything.com



---

## DIETITIAN

### P.A.C.E Wellness

Evelena Beaton | 902-802-9944

info@evelenabeaton.com

www.evelenabeaton.com



---

## FINANCIAL PLANNING

### Desjardins Financial Security

Stephen Cox, Certified Financial Planner

steve.cox@stevecox.ca | 902-446-4563

www.stevecox.ca



---

## FITNESS FOR SENIORS

Nordic Walking Nova Scotia

Esther & Bill VanGorder | 902-454-2267

info@nordicwalkingnovascotia.ca

www.nordicwalkingnovascotia.ca



---

## FOOT CARE

### Toe to Sole Foot Care

(REGULAR, ADVANCED & DIABETIC)

Marcienne Mason, RN | 902-434-6070

marciennemason@gmail.com



---

## FRAUD PREVENTION

### ABCs of Fraud (CARP)

Bill Van Gorder | 902-999-3572



---

## HAIRDRESSER

### Hair at Home Mobile Services

Beverlee Cox | 902-220-2620

hairathomemobileservices@gmail.com

www.hairathomemobileservices.ca



---

## HEARING | Health, Protection & Aids

### Accurate Hearing

PJ Dunning | 902-252-3004 / 902-406-4327

Accurate-hearing@eastlink.ca

www.accuratehearing.ca



---

## GRIEF & LOSS RECOVERY SPECIALIST

### Vault Life Coaching

Jason Flinn | 902-292-9106

jason@vaultlifecoaching.ca

www.vaultlifecoaching.ca



---

## HOME CARE

### Home Instead

Brittany Keough | 902-429-2273  
bkeough@homeinstead.com  
www.homeinstead.com/halifax



---

## LAWYER

### Casey Rodgers Chisholm Penny Duggan

Gregg Yeadon | 902-434-6181  
gyeadon@crcplawyers.com  
www.greggyeadonlawyer.ca



---

## MEAL PLANNING

### Heart to Home Meals

Wayne & Lisa Miller | 902-444-2230  
nova.scotia@hearttohomemeals.ca  
www.hearttohomes.ca



---

## MEDICAL EQUIPMENT

### Harding Medical

Janice Edwards | 902-453-6900  
info@hardingmedical.com  
www.hardingmedical.com



---

## MORTGAGE BROKER

### CENTUM Mortgage Team Inc.

Bill Cossitt, AMP | 902-292-4913  
bill\_cossitt@centum.ca  
www.billcossitt.com



---

## OSTEOPATHY

### Osteo Connect

Alex Madero, AMP | 902-431-0801  
alexmaderoste@gmail.com  
www.osteconnect.ca

---

## PHARMACIST

### Medicine Shoppe Pharmacy #287

902-461-2244  
www.medicineshoppedartmouth.ca



---

## PHYSIOTHERAPY

### PhysioCare at Home

Gillian MacIntosh | 902-404-4200  
office@physiocareathome.com  
www.physiocareathome.com



## PRIVATE HOME FOR SENIORS

### **Carter Senior Care**

Robin Carter | 902-209-1314 | 902-446-CARE  
cartercare@eastlink.ca  
www.carterseniorcare.com



---

## REALTOR

### **Century 21 Trident Realty Ltd.**

Paul Connors | 902-449-8252  
paul.connors@century21.ca  
www.century21.ca/paul.connors



---

## RETIREMENT LIVING (Dartmouth)

### **Parkland at the Lakes Phase 2**

Mary Ann Bunker | 902-483-1860  
mbunker@shannex.com  
www.experienceparkland.com



---

## RETIREMENT LIVING (Halifax)

### **Parkland Clayton Park**

Shari Landry | 902-446-8505  
slandry@shannex.com  
experienceparkland.com



---

## SENIOR CARE CONSULTING

### **Greywave Senior Care Consulting**

Marie-Claire Chartrand | 902-448-8439  
mcc@greywave.ca  
www.greywave.ca



---

## TRANSPORTATION

### **SeniorsTransit**

Alex Wilson | 902-441-4537  
info@seniorstransit.com  
www.seniorstransit.com



---

**For your convenience, most Members provide in-home services.  
902-499-4122 | October 2023**



Seaside 105.9FM is a proud sponsor of Serving Seniors Alliance Co-operative.