SERVING SENIORS
ALLIANCE CO-OPERATIVE
your trusted resource of caring dedicated professionals

# MEMBER LIST

*It's all about trust.*

Serving Seniors Alliance Co-operative is a collective group of exceptional trusted local businesses and service providers who have been researched, referenced and accepted as committed to providing their services at the highest level of quality and trust.

**902-499-4122 | www.servingseniors.info**

**All Serving Seniors Alliance Co-operative Business Members are committed to providing a trusted and superior, professional level of service to seniors and their families.**

## ADVOCACY FOR SENIORS

**CARP Nova Scotia Chapter**
Ron Swan | 902-999-3572
novascotia@carp.ca
www.carpnovascotia.ca

## AFTER STROKE

**After Stroke**
Stephanie Frizzell | 902-448-5861
afterstroke@marchofdimes.ca
afterstroke.ca

## ARTHRITIS SUPPORT

**Arthritis Society Canada**
Shannon Shields | 902-293-8751
arthritis.ca

## BRACES - ORTHOPEDIC

**BRACE Yourself**
Sandy Houston | 902-802-9263
braceyourself.sandy@gmail.com
braceyourselfns.com

## CARPENTRY

NanMade Fine Carpentry
Nan Vaughn | 902-293-9706
nanmadefine@gmail.com

## CLEANING SERVICE

**Abode**
Islay McNab & Sam Murray
hello@abodecleaningservice.com
www.abodecleaningservice.com

## DENTURES

**Click Smart Dentures**
Dr. Kirk Blanchard | 902-476-7909
www.clicksmartdentures.ca

## EMERGENCY RESPONSE SYSTEM

Northwood Intouch
Karen Morash | 902-421-6319
kmorash@nwood.ns.ca
www.northwoodintouch.com

## END OF LIFE SUPPORT

**Dying with Dignity Canada**
Linda Furlought
linda.furlought@gmail.com
www.dyingwithdignity.ca

## FINANCIAL PLANNING

**Desjardins Financial Security**
Stephen Cox, Certified Financial Planner
steve.cox@stevecox.ca | 902-446-4563
www.stevecox.ca

## FITNESS FOR SENIORS

**True North Nordic Walking**
Esther & Bill VanGorder | 902-454-2267
info@nordicwalkingnovascotia.ca
www.truenorthnordicwalking.com

## FOOT CARE

**Toe to Sole Foot Care**
**(REGULAR, ADVANCED & DIABETIC)**
Marcienne Mason, RN | 902-434-6070
marciennemason@gmail.com

**Dartmouth Podiatry**
Dr. Jason Ju | 902-405-4002
dartmouthpodiatry@outlook.com
www.dartmouthpodiatry.com

## FRAUD PREVENTION

**ABCs of Fraud (CARP)**
Ron Swan | 902-999-3572

## FUNERAL SERVICES

**Epilog Natural Burial Services CIC**
Louisa Horne | 902-492-2223
louisa@epilog.ca
www.epilog.ca

## HEARING | Health, Protection & Aids

**Accurate Hearing**
PJ Dunning | 902-252-3004 / 902-406-4327
management@accuratehearing.ca
www.accuratehearing.ca

## HOME CARE

**Home Instead**
Brittany Keough | 902-429-2273
bkeough@homeinstead.com
www.homeinstead.com/halifax

## LAWYER

**Merida Law**
Hillary Brannen
Hillary@meridalaw.ca
www.meridalaw.ca

## MEAL PLANNING

**Heart to Home Meals**
Wayne & Lisa Miller | 902-444-2230
nova.scotia@hearttohomemeals.ca
www.hearttohomemeals.ca

## MORTGAGE BROKER

**CENTUM Mortgage Team Inc.**
Bill Cossitt, AMP | 902-292-4913
bill_cossitt@centum.ca
www.billcossitt.com

## MOVING/DOWNSIZING

**Epilog Transition Services CIC**
Louisa Horne | 902-492-2223
louisa@epilog.ca
www.epilog.ca

epilog
YOUR STORY... NATURALLY.

## PET CARE

**Elderdog Canada**
Elizabeth Newman | 902-456-4596
dartmoutheastcc@elderdog.ca
www.elderdog.ca

ELDERDOG
CANADA

## PHYSIOTHERAPY/OCCUPATIONAL THERAPY

**PhysioCare at Home**
Lesley d'Apollonia | 902-404-4200
office@physiocareathome.com
www.physiocareathome.com

PhysioCare
at Home

## PRIVATE HOME FOR SENIORS

**Carter Senior Care**
Robin Carter | 902-209-1314 | 902-446-CARE
cartercare@eastlink.ca
www.carterseniorcare.com

CARTER SENIOR CARE
*A nice alternative to a nursing home.*

## REALTOR

**Century 21 Trident Realty Ltd.**
Paul Connors | 902-449-8252
paul.connors@century21.ca
www.century21.ca/paul.connors

CENTURY 21
Trident Realty Ltd.

## RETIREMENT LIVING (Dartmouth)

**Parkland at the Lakes Phase 2**
Mary Ann Bunker | 902-483-1860
mbunker@shannex.com
www.experienceparkland.com

## RETIREMENT LIVING (Halifax)

**Parkland Clayton Park**
Shari Landry | 902-446-8505
slandry@shannex.com
experienceparkland.com

## SENIOR CARE CONSULTING

**Greywave Senior Care Consulting**
Marie-Claire Chartrand | 902-448-8439
mcc@greywave.ca
www.greywave.ca

## SENIORS CENTRE

**Spencer House**
Allison Davis | 902-421-6131
ed@spencerhouse.ca
spencerhouse.ca

## TRANSPORTATION

**SeniorsTransit**
Brendan Ewing | 902-441-9472
info@seniorstransit.com
www.seniorstransit.com

## TRAVEL AGENT

**The Travel Agent Next Door**
Cathy Harnish | 902 237 8198
charnish@thetravelagentnextdoor.com
www.thetravelagentnextdoor.ca

**For your convenience, most Members provide in-home services.**
**902-499-4122 | August 2026**

Seaside 105.9FM is a proud sponsor of Serving Seniors Alliance Co-operative.