

MEMBER LIST

It's all about trust.

Serving Seniors Alliance Co-operative is a collective group of exceptional trusted local businesses and service providers who have been researched, referenced and accepted as committed to providing their services at the highest level of quality and trust.



902-499-4122 | www.servingseniors.info



All Serving Seniors Alliance Co-operative Business Members are committed to providing a trusted and superior, professional level of service to seniors and their families.

ADVOCACY FOR SENIORS

CARP Nova Scotia Chapter

Bill VanGorder | 902-999-3572

vangorder@carp.ca

www.carpnovascotia.ca



AFTER STROKE

After Stroke

Stephanie Frizzell | 902-448-5861

afterstroke@marchofdimes.ca

afterstroke.ca



ARTHRITIS SUPPORT

Arthritis Society Canada

Shannon Shields | 902-293-8751

arthritis.ca



BRACES - ORTHOPEDIC

BRACE Yourself

Sandy Houston | 902-802-9263

braceyourself.sandy@gmail.com

braceyourselfns.com



CARPENTRY

NanMade Fine Carpentry

Nan Vaughn | 902-293-9706

nanmadefine@gmail.com



CLEANING SERVICE

Abode

Islay McNab & Sam Murray
hello@abodecleaningservice.com
www.abodecleaningservice.com



DENTURES

Click Smart Dentures

Dr. Kirk Blanchard | 902-476-7909
www.clicksmartdentures.ca



EMERGENCY RESPONSE SYSTEM

Northwood Intouch
Karen Morash | 902-421-6319
kmorash@nwood.ns.ca
www.northwoodintouch.com



END OF LIFE SUPPORT

Dying with Dignity Canada

Linda Furlough
linda.furlough@gmail.com
www.dyingwithdignity.ca



FINANCIAL PLANNING

Desjardins Financial Security

Stephen Cox, Certified Financial Planner
steve.cox@stevecox.ca | 902-446-4563
www.stevecox.ca



FITNESS FOR SENIORS

True North Nordic Walking

Esther & Bill VanGorder | 902-454-2267
info@nordicwalkingnovascotia.ca
www.truenorthnordicwalking.com



FOOT CARE

Toe to Sole Foot Care

(REGULAR, ADVANCED & DIABETIC)

Marcienne Mason, RN | 902-434-6070
marciennemason@gmail.com



Toe to Sole Foot Care

Advanced & Diabetic Foot Care Ltd.
902-434-6070

Dartmouth Podiatry

Dr. Jason Ju | 902-405-4002
dartmouthpodiatry@outlook.com
www.dartmouthpodiatry.com



DARTMOUTH
PODIATRY INC

FRAUD PREVENTION

ABCs of Fraud (CARP)

Bill Van Gorder | 902-999-3572



ABCs of Fraud

Innovative Consumer Fraud Education and Prevention Program

FUNERAL SERVICES

Epilog Natural Burial Services CIC

Louisa Horne | 902-492-2223
louisa@epilog.ca
www.epilog.ca



YOUR STORY... NATURALLY.

HEARING | Health, Protection & Aids

Accurate Hearing

PJ Dunning | 902-252-3004 / 902-406-4327
management@accuratehearing.ca
www.accuratehearing.ca



HOME CARE

Home Instead

Brittany Keough | 902-429-2273
bkeough@homeinstead.com
www.homeinstead.com/halifax



LAWYER

Merida Law

Hillary Brannen
Hillary@meridalaw.ca
www.meridalaw.ca



MEAL PLANNING

Heart to Home Meals

Wayne & Lisa Miller | 902-444-2230
nova.scotia@hearttohomemeals.ca
www.hearttohomemeals.ca



MORTGAGE BROKER

CENTUM Mortgage Team Inc.

Bill Cossitt, AMP | 902-292-4913
bill_cossitt@centum.ca
www.billcossitt.com



MOVING/DOWNSIZING

Epilog Transition Services CIC

Louisa Horne | 902-492-2223

louisa@epilog.ca

www.epilog.ca



PET CARE

Elderdog Canada

Elizabeth Newman | 902-456-4596

dartmoutheastcc@elderdog.ca

www.elderdog.ca



PHYSIOTHERAPY/OCCUPATIONAL THERAPY

PhysioCare at Home

Lesley d'Apollonia | 902-404-4200

office@physiocareathome.com

www.physiocareathome.com



PRIVATE HOME FOR SENIORS

Carter Senior Care

Robin Carter | 902-209-1314 | 902-446-CARE

cartercare@eastlink.ca

www.carterseniorcare.com



REALTOR

Century 21 Trident Realty Ltd.

Paul Connors | 902-449-8252

paul.connors@century21.ca

www.century21.ca/paul.connors



RETIREMENT LIVING (Dartmouth)

Parkland at the Lakes Phase 2
Mary Ann Bunker | 902-483-1860
mbunker@shannex.com
www.experienceparkland.com



RETIREMENT LIVING (Halifax)

Parkland Clayton Park
Shari Landry | 902-446-8505
slandry@shannex.com
experienceparkland.com



SENIOR CARE CONSULTING

Greywave Senior Care Consulting
Marie-Claire Chartrand | 902-448-8439
mcc@greywave.ca
www.greywave.ca



SENIORS CENTRE

Spencer House
Allison Davis | 902-421-6131
ed@spencerhouse.ca
spencerhouse.ca



TRANSPORTATION

SeniorsTransit
Brendan Ewing | 902-441-9472
info@seniorstransit.com
www.seniorstransit.com



TRAVEL AGENT

The Travel Agent Next Door
Cathy Harnish | 902 237 8198
charnish@thetravelagentnextdoor.com
www.thetravelagentnextdoor.ca





**For your convenience, most Members provide in-home services.
902-499-4122 | August 2026**



Seaside 105.9FM is a proud sponsor of Serving Seniors Alliance Co-operative.