

# MEMBER LIST

## It's all about trust.

Serving Seniors Alliance Co-operative is a collective group of exceptional trusted local businesses and service providers who have been researched, referenced and accepted as committed to providing their services at the highest level of quality and trust.

**902-499-4122 | [www.servingseniors.info](http://www.servingseniors.info)**

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**All Serving Seniors Alliance Co-operative Business Members are committed to providing a trusted and superior, professional level of service to seniors and their families.**

### ADVOCACY FOR SENIORS

#### **CARP Nova Scotia Chapter**

Bill VanGorder | 902-999-3572  
vangorder@carp.ca  
[www.carpnovascotia.ca](http://www.carpnovascotia.ca)



CARP Nova Scotia Chapter

### AFTER STROKE

#### **After Stroke**

Stephanie Frizzell | 902-448-5861  
[afterstroke@marchofdimes.ca](mailto:afterstroke@marchofdimes.ca)  
[afterstroke.ca](http://afterstroke.ca)



MARCH  
OF DIMES  
CANADA



### BRACES - ORTHOPEDIC

#### **BRACE Yourself**

Sandy Houston | 902-802-9263  
[braceyourself.sandy@gmail.com](mailto:braceyourself.sandy@gmail.com)  
[braceyourselfns.com](http://braceyourselfns.com)



### CLEANING SERVICE

#### **Abode**

Islay McNab & Sam Murray  
[hello@abodecleaningservice.com](mailto:hello@abodecleaningservice.com)  
[www.abodecleaningservice.com](http://www.abodecleaningservice.com)



professional cleaning service

### DENTURES

#### **Click Smart Dentures**

Dr. Kirk Blanchard | 902-476-7909  
[www.clicksmartdentures.ca](http://www.clicksmartdentures.ca)



## EMERGENCY RESPONSE SYSTEM

### Northwood Intouch

Karen Morash | 902-421-6319  
kmorash@nwood.ns.ca  
www.northwoodintouch.com



## END OF LIFE SUPPORT

### Dying with Dignity Canada

Linda Furlough  
linda.furlough@gmail.com  
www.dyingwithdignity.ca



## FINANCIAL PLANNING

### Desjardins Financial Security

Stephen Cox, Certified Financial Planner  
steve.cox@stevecox.ca | 902-446-4563  
www.stevecox.ca



## FITNESS FOR SENIORS

### Nordic Walking Nova Scotia

Esther & Bill VanGorder | 902-454-2267  
info@nordicwalkingnovascotia.ca  
www.nordicwalkingnovascotia.ca



## FOOT CARE

### Toe to Sole Foot Care

(REGULAR, ADVANCED & DIABETIC)  
Marcienne Mason, RN | 902-434-6070  
marciennemason@gmail.com



## Dartmouth Podiatry

Dr. Jason Ju | 902-405-4002  
dartmouthpodiatry@outlook.com  
www.dartmouthpodiatry.com



## FRAUD PREVENTION

### ABCs of Fraud (CARP)

Bill Van Gorder | 902-999-3572



## FUNERAL SERVICES

### Epilog Natural Burial Services CIC

Louisa Horne | 902-492-2223  
louisa@epilog.ca  
www.epilog.ca



## HEARING | Health, Protection & Aids

### Accurate Hearing

PJ Dunning | 902-252-3004 / 902-406-4327  
Accurate-hearing@eastlink.ca  
www.accuratehearing.ca



## HOME CARE

### Home Instead

Brittany Keough | 902-429-2273  
bkeough@homeinstead.com  
www.homeinstead.com/halifax



## LAWYER

### Yeadon Law

Gregg Yeadon | 902-464-8873  
yeandonlaw@gmail.com  
www.greggyeadonlawyer.ca

## MEAL PLANNING

### Heart to Home Meals

Wayne & Lisa Miller | 902-444-2230  
nova.scotia@hearttohomemeals.ca  
www.hearttohomemeals.ca



## MORTGAGE BROKER

### CENTUM Mortgage Team Inc.

Bill Cossitt, AMP | 902-292-4913  
bill\_cossitt@centum.ca  
www.billcossitt.com



## MOVING/DOWNSIZING

### Epilog Transition Services CIC

Louisa Horne | 902-492-2223  
louisa@epilog.ca  
www.epilog.ca



## PET CARE

### Elderdog Canada

Elizabeth Newman | 902-456-4596  
dartmoutheastcc@elderdog.ca  
www.elderdog.ca



## PHYSIOTHERAPY/OCCUPATIONAL THERAPY

### PhysioCare at Home

Lesley d'Apollonia | 902-404-4200  
office@physiocareathome.com  
www.physiocareathome.com



## PRIVATE HOME FOR SENIORS

### Carter Senior Care

Robin Carter | 902-209-1314 | 902-446-CARE  
cartercare@eastlink.ca  
www.carterseniorcare.com



## REALTOR

### Century 21 Trident Realty Ltd.

Paul Connors | 902-449-8252  
paul.connors@century21.ca  
www.century21.ca/paul.connors



## RETIREMENT LIVING (Dartmouth)

### Parkland at the Lakes Phase 2

Mary Ann Bunker | 902-483-1860  
mbunker@shannex.com  
www.experienceparkland.com



## RETIREMENT LIVING (Halifax)

### Parkland Clayton Park

Shari Landry | 902-446-8505  
slandry@shannex.com  
experienceparkland.com



## SENIOR CARE CONSULTING

### Greywave Senior Care Consulting

Marie-Claire Chartrand | 902-448-8439  
mcc@greywave.ca  
www.greywave.ca



## TRANSPORTATION

### SeniorsTransit

Alexandra Wilson | 902-441-9472  
alexandra@seniorstransit.com  
www.seniorstransit.com



For your convenience, most Members provide in-home services.

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Seaside 105.9FM is a proud sponsor of Serving Seniors Alliance Co-operative.