

# MEMBER LIST

Serving Seniors Alliance Co-operative is a collective group of exceptional trusted local businesses and service providers who have been researched, referenced and accepted as committed to providing their services at the highest level of quality and trust.

*It's all about trust.*



**902-499-4122 | [www.servingseniors.info](http://www.servingseniors.info)**

**All Serving Seniors Alliance Co-operative Business Members are committed to providing a trusted and superior, professional level of service to seniors and their families.**

## ADVOCACY FOR SENIORS

### CARP Nova Scotia Chapter

Bill VanGorder | 902-999-3572  
vangorder@carp.ca  
www.carpnovascotia.ca



## BRACES - ORTHOPEDIC

### BRACE Yourself

Sandy Houston | 902-802-9263  
braceyourself.sandy@gmail.com



## EMERGENCY RESPONSE SYSTEM

### Northwood Intouch

Tisha White or Karen Morash | 902-492-3346  
intouch@nwood.ns.ca  
www.northwoodintouch.com



## DECLUTTERING

### ORGANIZE ANYTHING

Colette Robicheau  
902-478-2208  
[colette@organizeanything.com](mailto:colette@organizeanything.com)  
www.organizeanything.com



## DIETITIAN

### P.A.C.E Wellness

Evelena Beaton  
902-802-9944  
[info@evelenabeaton.com](mailto:info@evelenabeaton.com)  
www.evelenabeaton.com



## FINANCIAL PLANNING

### Desjardins Financial Security

Stephen Cox, Certified Financial Planner  
902-446-4563  
[steve.cox@stevecox.ca](mailto:steve.cox@stevecox.ca)  
www.stevecox.ca



## FITNESS FOR SENIORS

### Nordic Walking Nova Scotia

Esther & Bill VanGorder | 902-454-2267  
[info@nordicwalkingnovascotia.ca](mailto:info@nordicwalkingnovascotia.ca)  
www.nordicwalkingnovascotia.ca



## FOOT CARE

### Toe to Sole Foot Care

(REGULAR, ADVANCED & DIABETIC)

Marcienne Mason, RN | 902-434-6070

marciennemason@gmail.com



Toe to Sole Foot Care  
Advanced & Diabetic Foot Care Ltd.  
902-434-6070

## HEARING | Health, Protection & Aids

### Accurate Hearing

PJ Dunning | 902-252-3004 / 902-406-4327

Accurate-hearing@eastlink.ca

www.accuratehearing.ca



## HOME CARE

### Home Instead

Brittany Keough | 902-429-2273

bkeough@homeinstead.com

www.homeinstead.com/halifax



Home Instead.  
*To us, it's personal*

## LAWYER

### Casey Rodgers Chisholm Penny Duggan

Gregg Yeadon | 902-434-6181

gyeadon@crcplawyers.com

www.greggyeadonlawyer.ca



## MEDICAL EQUIPMENT

### Harding Medical

Janice Edwards | 902-453-6900

info@hardingmedical.com

www.hardingmedical.com



## MORTGAGE BROKER

### CENTUM Mortgage Team Inc.

Bill Cossitt, AMP | 902-292-4913

bill\_cossitt@centum.ca

www.billcossitt.com



## PHARMACIST

### Medicine Shoppe Pharmacy #287

902-461-2244

www.medicineshoppedartmouth.ca



## PHYSIOTHERAPY

### PhysioCare at Home

Gillian MacIntosh | 902-404-4200

office@physiocareathome.com

www.physiocareathome.com



## PRIVATE HOME FOR SENIORS

### Carter Senior Care

Robin Carter

902-209-1314 | 902-446-CARE

cartercare@eastlink.ca

[www.carterseniorcare.com](http://www.carterseniorcare.com)



CARTER SENIOR CARE

*A nice alternative to a nursing home.*

## REALTOR

### Century 21 Trident Realty Ltd.

Paul Connors | 902-449-8252

paul.connors@century21.ca

www.century21.ca/paul.connors

CENTURY 21

Trident Realty Ltd.

## RETIREMENT LIVING (Dartmouth)

### Parkland at the Lakes Phase 2

Mary Ann Bunker | 902-483-1860

mbunker@shannex.com

experienceparkland.com



## RETIREMENT LIVING (Halifax)

### Parkland Clayton Park

Shari Landry | 902-446-8505

slandry@shannex.com

experienceparkland.com



## SENIOR CARE CONSULTING

### Greywave Senior Care Consulting

Marie-Claire Chartrand | 902-448-8439

mcc@greywave.ca

www.greywave.ca



## TRANSPORTATION

### SeniorsTransit

Alex Wilson | 902-441-4537

info@seniorstransit.com

[www.seniorstransit.com](http://www.seniorstransit.com)



Other services include counselling and therapy services, fraud prevention and awareness, prepared meals, and eye care.

For your convenience, most Members provide in-home services.

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Seaside 105.9FM is a proud sponsor of Serving Seniors Alliance Co-operative.